



2006 Pop Warner  
National Cheer and Dance Championships  
December 5-8, 2006

## ARTICLES OF COMPLIANCE

### NATIONAL AND REGIONAL CHEER & DANCE CHAMPIONSHIPS

#### GENERAL RULES:

All codes, rules and regulations found in the 2006 Official Pop Warner Rule Book remain in effect. The squads performing in the Regional/National Championship must review and abide by the attached 2006 Pop Warner Rulebook file. After reviewing the attached rulebook file, please sign the Articles of Understanding, Statement of Acceptance and return to the National Office along with a copy of your 2006 Spirit Roster and Media Page by Monday, November 13, 2006 in order to participate in these events.

**REGIONAL / NATIONAL COMPETITION RULES & REGULATIONS AS OUTLINED ON PAGE 92 OF THE OFFICIAL POP WARNER RULEBOOK:** The squads performing in the Pop Warner Regional and/or National Championship Program(s) must abide by the following guidelines.

- Must be declared League/Conference champion or qualifier as outlined in Regional/National Championships General Information listed in the Pop Warner Official Rulebook.
- Must have a certified roster with the Region and National by the specified cut-off date.
- It is highly recommended that football squads competing be accompanied by the corresponding spirit squads at all games, except when the region/national spirit championships are being held at the same time.
- All squads must be accompanied with a copy of the certified roster, league registration forms with photo identification, birth certificates, medical release forms and scholastic eligibility.
- An absentee form for any participant absent from a certified roster must accompany said squad.
- The Cheerleading and Dance Championships will consist of the following divisions: Junior Peewee, Peewee, Junior Midget and Midget. In addition, the Cheerleading Championships will consist of a Small and Large category in each division. The cheer categories will be further subdivided into Novice, Intermediate and Advanced.
- Only registered cheer squads may qualify and compete in cheer, and only registered dance/auxiliary squads may qualify for the dance championship. All participants must be current and officially rostered members of their regular Pop Warner squad. Absentee Forms must be processed prior to the competition. PWLS reserves the right to penalize or disqualify a squad, in advance or at the event, due to a significant lack of participation from its spirit leaders.
- Spirit squads participating must have at least six (6) members.
- Squad size status is based on your roster count as of the first Monday in October. Please note that the number of actual cheerleaders determines "Large Squad" versus "Small Squad". Since mascots cannot participate in competitions, they do not count on the squad numbers (even though listed on the roster for registration and insurance purposes.)
- Safety - In concentrated efforts to reduce the risk of injury to participants, every regional/national event will use every possible means to obtain performance mats for safety, as well as to secure professional spotters.

#### NATIONAL CHAMPIONSHIP GENERAL INFORMATION:

##### COMPETITION DATES:

Tuesday, December 5, 2006	Junior Peewee Cheer Divisions
Wednesday, December 6, 2006	Peewee Cheer Divisions
Thursday, December 7, 2006	Session 1 Junior Midget Cheer Divisions
Thursday, December 7, 2006	Session 2 All Dance Divisions
Friday, December 8, 2006	Midget Cheer Divisions



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**CHECK-IN:** The Head Coach will check in at Celebrity Hall Registration Center upon arrival to the Resort. He/she will sign for the squad's credentials and competition information package that includes the Order of Performance and a map of the Disney Milk House including performance and warm-up areas. The Photography, Warm-Up and Order of Performance Times will also be released on the Pop Warner website, [www.popwarner.com](http://www.popwarner.com), no later than Wednesday, November 29, 2006.

**PRACTICE AREA:** Town Green will be available at the Disney's Wide World of Sport Complex at the following times: Sunday, December 3<sup>rd</sup> and Monday, December 4<sup>th</sup> from 9:00 a.m. to 4:00 p.m. and Tuesday through Friday from 7:00 a.m. to 4:00 p.m. There are no sign-ups required. Please remember to bring your credentials to enter the facility. Practice is restricted to this area only and is not permitted in the Disney Resort Area. You may bring your own CD/Jam Box for this practice area.

**HEAD COACHES' FACILITY TOUR:** There will be no formal Head Coaches' meetings. We will have a facility tour for rostered Head Coaches each morning promptly at 7:00 a.m. Lisa Moroski, the National Cheer and Dance Commissioner, will conduct a brief tour and general review of information listed in this package. The walk-through will begin promptly at the Rear Entrance to the All-Star Café (Back of the All-Star Café, beyond the Entrance Turnstiles). Please note that due to varied travel schedules attendance is not mandatory.

**ENTERING THE EVENT WITH YOUR SQUAD:** 15 Minutes Prior to Photography Time, please report to the designated Photography Area for group and individual photographs, All-Star Café, Rear Entrance (Back of Café, Beyond the Entrance Turnstiles). The next scheduled station is the Milk House Squad Entrance (Last/Side Door between the Milk House and the Baseball Stadium). Rostered Coaching Staff, League and Rostered Participants with credentials will be the only individuals admitted to this area. You must be prompt and prepared for your scheduled times. You will not be permitted to warm-up after your specified time has passed. When your squad is not performing, they are permitted to sit in the stands with their squad. Participants may be seated in the back and upper seating areas only. When your squad leaves their seating they must bring their belongings with them.

**PHOTOGRAPHY AREA:** This is the first scheduled station at the event in the designated Photography Area, Disney's™ Wide World of Sports Complex, All-Star Café, Rear Entrance. Each squad will take a group photo and any individual photos at this time. Please ask your photographer, Amazing Pictures, about action photos at this station.

**BOOK CHECK:** A brief book check will take place upon entering the warm-up area. Pop Warner volunteers will be on hand to assist the Head Coach in lining up your squad in book order. Each participant will be checked to their picture identification and they must have the Pop Warner Patch secured to the uniform before being released to the warm-up area. All books must include the squad spirit roster, absentee forms, proof of scholastic fitness, picture identifications, medical/release forms and a copy of birth certificates. If your book is in order, this station should take no more than 10 minutes. If there are any discrepancies, the National Cheer & Dance Commissioner will be on hand to resolve any challenges with the Head Coach while the squad and other rostered coaching staff will be permitted to keep with their scheduled times.

**WARM-UP AREA:** A Pop Warner representative will take your squad to one strip of roll out, matted floor for warm-up tumbling and stretching for a timed, 10 minute period. At the close of the 10 minutes, the squad will be asked to immediately move to the warm-up area, a 54' x 42' surface for a timed, 10 minute practice. The area will be equipped with a sound system for your warm-up time.

**MUSIC AREAS:** Please come prepared with extra copies of your music for the warm-up and performance areas. All CD's must be standard size. Only your routine music is to be placed on the CD or cassette tape.



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**ENTRANCE AREA:** The squad will continue down the first floor of the Milk House to the Performance Area. At this time the coaching staff should do a last minute check with the squad before being escorted to the coaching area. There will be a designated area available to leave squad bags in a secure location until their performance time is complete. There will not be a safety check in this hallway so the coaches should do one last reminder to the squad at this time (i.e., no glitter, tie shoelaces, no safety pins, etc.). One rostered music person and one rostered coach will be permitted to stay with the squad up until their performance time. When it is time to take the competition performance area, the MC will announce, "Squad #1 You May Take The Floor", the squad's music person will then signal the MC and he/she will announce, "Squad #1 You May Begin". The participants must "Spirit On" to the performance area. They are not permitted to jump, tumble, cheer or chant onto the floor.

**COACHES' AREA:** There will be a designated area for the rostered coaching staff in the first two rows of the seating area while your squad performs.

**PERFORMANCE AREA:** The competition area for the National Championship will be approximately 54' x 42' deep.

**ROUTINE TIMING:** Each cheer squad will perform a choreographed routine not to exceed (2:30) two minutes and thirty seconds; up to (75) seventy-five seconds may be performed to music. Each dance squad will perform a choreographed routine not to exceed (2:30) two minutes and thirty seconds.

**CATEGORIES:** Please review pages 69-71 in the Pop Warner Rulebook for category criteria, Novice, Intermediate and Advanced. A 5 point deduction will be given for any skill performed that is not appropriate to the category level. The inappropriate skill would not be scored by the panel judges.

**POINT DEDUCTIONS:** Review Pages 106-109 in the Pop Warner Rulebook for a complete breakdown on Pop Warner Scoring and Deduction procedures.

**JUDGES & EVENT SPOTTERS:** The judges' area will be directly in front of your squad during their performance along with Mr. Video, the event videographer. Competition spotters will be provided for safety.

**EXIT AREA:** Upon finishing their routine, the squad will leave the performance area, retain their belongings from the designated area and immediately proceed to the exit area. There will be no formal exists from the floor, participants should "spirit off" the performance area in a timely fashion. Participants may not tumble, jump, cheer/chant or any other organized exit from the floor.

**ATHLETIC TRAINER:** There will be a Disney Sports Trainer on hand at the exit area of the performance area. If at any time your squad needs medical assistance, please notify the Pop Warner Volunteer that is responsible for your location. Water stations will also be available throughout the warm-up and exit areas.

**AWARDS CEREMONY ANNOUNCEMENT:** The awards ceremony and parade of champions will begin shortly after the last competing squad in your division. Each squad with their coaching staff will meet on the walkway between the football fields and the Milk House. The parade will enter the northwest doors of the Milk House and then onto the performance floor under the direction of their Region Management Team for the trophy ceremony. At the close of the ceremony each squad with their coaching staff will stay together for the closing parade of champions led by the RMT Staff. Parents please meet your squads outside at the main entrance to the Milk House. The area will be supervised by Disney staff members to assist your squads.



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**AWARDS:** The National Championship will award five places, first through fifth, in each division, small and large. In addition, first through third places will receive Championship Medallions, Gold, Silver and Bronze. A Spirit of Sport Award will be awarded to one squad in each division, Junior Peewee, Peewee, Junior Midget, Midget and Unlimited at the close of each competition day. All squads nominated for the Spirit of Sport Award will receive a Championship Rosette for their spirited efforts. If your squad is announced for an award, please send one coach and two cheerleaders/dancers to the awards' area. A championship picture will be taken in the awards area with the National Staff, Region Management Team and any League/Association Officials on hand.

**AWARD RECIPIENT/CHAMPIONSHIP PHOTO:** Award Recipient Championship Photos will take place in the designated Photography Area, Rear Entrance to the All-Star Café, with your trophy for a Championship Squad Photo immediately following the parade.

**SCORESHEET DISTRIBUTION:** Your score sheet package will be available for pick-up at the Sports Complex Milk House immediately following your division's competition for one hour. The pick-up area is on the ground floor lobby of the Milk House from Tuesday through Friday. The Head Coach will be required to sign for the score sheets with picture identification. (Only one person per squad should come to the pick-area to receive the package.) Pop Warner Little Scholars, Inc. takes no responsibility for the score sheets after the championship has ended.

**STUDY HALLS:** We will have classrooms available at the Baseball Stadium at the Disney Sports Complex throughout the week that will serve as Study Hall Rooms. You must sign up for access to these Study Hall Rooms at the Registration Center when you register your team and/or squad. These rooms will have computer workstations that may be used, as well as internet access for the students to use. *Email access is strictly to be used for school-related activities only!*

**SPORTSMANSHIP MEMO:** All participants, coaches, administrators and parents agree to display good sportsmanship throughout the Championships and related events. The Head Coach of each squad is responsible and will be held accountable for proper conduct of participants, coaches, parents and any other persons affiliated with the squad. Please review the "Personal Responsibility at PWLS Events and Sportsmanship" memos contained in this packet with your entire squad and organization.

**GRIEVANCES:** Disputes or rules violations will be handled by the Disciplinary Review Board. Details on this process will be available in the Volunteer Tent located at the Sports Complex. As part of your participation in the Pop Warner Championships, you will hereby agree to Binding Arbitration should any dispute arise during the event, traveling to and from the event, violation of the coaches code of conduct and sportsmanship related incidents. The decision of the arbitration panel will constitute full, final and complete disposition of the grievance, and will be binding upon the participants, Pop Warner and those involved in this agreement. Players, coaches, administrators and parents violating these articles, rules and regulations will be subject to disciplinary action and/or removal from Disney property and will be disqualified from the event.



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**COACHES CODE OF CONDUCT:** AS A CONDITION OF MY PARTICIPATION IN THE POP WARNER CHEER AND DANCE CHAMPIONSHIPS, I HEREBY AGREE TO ACCEPT THE ARBITRATION PROCESS AS OUTLINED IN THIS ADVISORY MANUAL. I HEREBY AGREE TO ACCEPT THE DECISION OF THE DISCIPLINARY REVIEW BOARD (DRB) AS FINAL, BINDING AND NON-APPEALABLE. AS SUCH, THE DECISION OF THE DRB WILL CONSTITUTE FULL, FINAL AND COMPLETE DISPOSITION OF THE GRIEVANCE, AND WILL BE BINDING UPON THE PARTICIPANTS, POP WARNER AND THOSE INVOLVED IN THIS AGREEMENT.

All coaches, football and spirit participants will abide by a Code of Conduct which includes the following provisions. If any of these rules are broken, the League shall have the authority to impose a penalty. Coaches shall:

**S1:** Not smoke and/or use smokeless tobacco on the field.

**S2:** Not criticize players/spirit participants in front of spectators, but reserve constructive criticism for later, in private, or in the presence of team/squad members if others might benefit.

**S3:** Accept decisions of the game officials and judges on the field and in competitions as being fair and called to the best ability of said officials.

**S4:** Not criticize an opposing team, its players, spirit participants, coaches, or fans by word of mouth or by gesture.

**S5:** Emphasize that good athletes strive to be good students and that both are physically and mentally alert.

**S6:** Strive to make every football and spirit activity serve as a training ground for life, and a basis for good mental and physical health.

**S7:** Emphasize that winning is the result of good "teamwork."

**S8:** Not engage in excessive sideline coaching and shall not leave the bench area to shout instructions from the sidelines.

**S9:** Together with team officials, be jointly responsible for the conduct and control of team fans and spectators. Any fan who becomes a nuisance and out of control will be asked to leave.

**S10:** Not use abusive or profane language at any time.

**S11:** Not "pile it on;" not encourage their team to get a commanding lead and raise the score as high as it can. In these instances, every effort shall be made to let all players play.

**S12:** Not receive any payment, in cash or kind, for services as a coach in Pop Warner Football/Spirit. This includes any coach, expert, consultant or choreographer, regardless of his/her roster status.

**S13:** Not permit or encourage "sweating down" tactics in order for a player to make the team weight.

**S14:** Not recommend or distribute any medication, controlled or over the counter, except as specifically prescribed by participant's physician.

**S15:** Not permit an ineligible player or spirit participant to participate in a game.

**S16:** Not deliberately incite unsportsmanlike conduct.

**S17:** Abstain from the possession and drinking of alcoholic beverages and the possession or use of any illegal substance on both the game and practice fields.

**S18:** Remove from a game or practice any participant when even slightly in doubt about his/her health, whether or not as a result of injury, until competent medical advice is available.

**S19:** Control their fans. Remember, as a team coach, you're responsible for your team, and fan reaction will usually be in step with your reaction.

**S20:** Uphold all rules and regulations, National and local, regarding Pop Warner Football, Cheerleading and Dance.

**CODE OF CONDUCT ACCEPTANCE:** By my signature below in the Articles of Understanding Statement of Acceptance, I hereby swear and attest that I fully acknowledge and understand the Coaches Code of Conduct. Furthermore, I acknowledge and understand that any violation, public display of poor sportsmanship or failure to uphold the Code may result in disciplinary action including but not limited to the suspension and/or revocation of the league charter as well as my dismissal, suspension and/or permanent removal from any and all Pop Warner activities.



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# **CHEER & DANCE**

## **PRACTICE AREA**

### **TOWN GREEN**

At

*Disney's Wide World of Sports™ Complex*

**Sunday, 12/3/06 & Monday, 12/4/06**

***9:00am to 4:00pm***

**Tuesday 12/5/06 thru Friday 12/8/06**

***7:00am to 4:00pm***

**OPEN PRACTICE TIME**  
**NO SIGN-UPS REQ.**



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# POP WARNER CHEER & DANCE NATIONAL CHAMPIONSHIP

## HEAD COACHES' FACILITY TOUR



TUESDAY, DECEMBER 5, 2006 TO  
FRIDAY, DECEMBER 8, 2006  
**7:00 A.M. ALL CHEER & DANCE DIVISIONS**

DISNEY'S WIDE WORLD OF SPORTS™, MILK HOUSE  
(Meet the National Cheer & Dance Commissioner, Lisa Moroski  
at the All-Star Café, Rear Entrance (Beyond the Entrance Turnstiles))

**ATTENDANCE IS NOT MANDATORY**

**2006 Championship Spirit Forms:**



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Cheerleading:

- ✓ Pop Warner Cheer Official Scoresheet
- ✓ Point Deduction Sheet (Cheerleading)
- ✓ Legality Deduction Sheet (Cheer & Dance)

Dance:

- ✓ Pop Warner Dance Official Scoresheet
- ✓ Point Deduction Sheet (Dance)
- ✓ Legality Deduction Sheet (Cheer & Dance)
- ✓ Prop Approval Form (Dance)

These can all be downloaded separately at  
[www.popwarner.com/forms](http://www.popwarner.com/forms)



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## STATEMENT OF ACCEPTANCE

I have reviewed the attached 2006 Articles of Compliance, Official Pop Warner Rulebook, Coaches' Code of Conduct, Personal Responsibility and Sportsmanship Memos and the rules of behavior at the *Walt Disney World*® Resort and *Disney's Wide World of Sports*™ Complex with my entire coaching staff, squad, parents and guests. We accept the Articles of Understanding as a fair and integral part of the rules of the Pop Warner Cheer and Dance Championships and agree to adhere to the policies and procedures contained herein. We also agree to be financially responsible for any damage caused by any member of our coaching staff, squad, parents and guests, to any property of the *Walt Disney World*® Resort or the property of any other guest of the *Walt Disney World*® Resort.

Squad Name:				
Region Name: (Please circle one)	Eastern	Mid-America	Mid-South	New England
	Pacific Northwest	Southeast	Southwest	Wescon
League Name:				
Association Name:				

Please circle the following:

Program:	Cheer Small	Cheer Large	Dance		
Division:	Jr. Peewee	Peewee	Jr. Midget	Midget	Unlimited
Category:	Novice	Intermediate	Advanced		
Total Number of Performing Spirit Leaders:					
Total Number of Rostered Coaches:					
Total Number of Spirit Staff Members:					

Head (Rostered) Coach's Signature:
Print Head Coach Name:
Head Coach's Mailing Address:
Head Coach's Daytime Phone Number:
Head Coach's Cell Phone Number: (MANDATORY: Contact number at event location in case of emergency.)
Head Coach's E-mail Address:

If your squad does not carry the Pop Warner Insurance please be sure to bring insurance verification and claim forms. The above information must correspond with your roster on file at national headquarters as of **October 1, 2006**.

**THIS FORM MUST BE SIGNED BY THE HEAD COACH AND RECEIVED IN THE NATIONAL OFFICE ALONG WITH A COPY OF YOUR 2006 SPIRIT ROSTER AND MEDIA PAGE BY MONDAY, NOVEMBER 13, 2006. THANK YOU.**

**PLEASE DO NOT FAX OR EMAIL ANY INFORMATION-FAXES & EMAILS WILL NOT BE ACCEPTED.**