



Pop Warner Little Scholars, Inc.
586 Middletown Blvd. Suite C-100 ▪ Langhorne ▪ PA ▪ 19047
Phone: 215-752-2691 ▪ Fax: 215-752-2879
www.popwarner.com



AGES AND WEIGHTS FOR TACKLE AND SPIRIT PROGRAMS

**Updated 6/11/04*

Division Name	Ages	Certification Weight Range
MITEY-MITE (older/lighter)	7-8-9 N/A	45-90 lbs. N/A
JUNIOR PEEWEE (older/lighter)	8-9-10 11*	55-100 lbs. 55-80 lbs.
PEEWEE (older/lighter)	9-10-11 12*	70-115 lbs. 70-95 lbs.
JUNIOR MIDGET (older/lighter)	10-11-12 13*	80-130 lbs. 80-110 lbs.
MIDGET (older/lighter)	11-12-13-14 15*	95-150 lbs. 95-130 lbs.
JUNIOR BANTAM (older/lighter)	12-13-14 15*	115-165 lbs. 115-145 lbs.
BANTAM (older/lighter)	13-14-15 16*	130-180 lbs. 130-160 lbs.

The asterisked () provisions in each division allow the so-called “older but lighter” player to also qualify. The last year of eligibility falls under more stringent weight restrictions, per above.

A child’s age on July 31 is his/her age for the season. A player may gain 1 pound per week after the second game, up to a maximum of 9 pounds.

Weights do not apply to Spirit program. Spirit program follows the above ages only.

AGES FOR FLAG FOOTBALL

Division	Age Range
CUB	5-7
BOBCAT	8-10
WILDCAT	11-13
PANTHER	14-16